



JUICES

16oz.....\$7.5

12oz.....\$5.5

(30 bottle minimum for 12oz)

Kale Yeah! kale, spinach, cucumber, apple, lemon

Go Green: kale, spinach, chard, cucumber, celery

Energizer: spinach, carrot, cucumber, celery, ginger

Pear-adise: pear, pineapple, spinach, ginger

Revive: kale, cucumber, pineapple, ginger

The Green Factor: kale, spinach, cucumber, celery, chard, apple

Beet Up: beet, apple, lemon, ginger

Beet'l Juice: apple, carrot, beet, celery, lime, ginger

Fire Fighter: carrot, apple, celery, ginger, cayenne

The Glow: pineapple, grapefruit, turmeric



ACAI BOWLS

regular.....8.5

deluxe.....11.5

(gluten-free granola available)

SMOOTHIES

Tropical Trippin': orange, mango, pineapple, coconut yogurt, coconut milk.....7

Burning Kale: celery, cucumber, kale, lemon, apple, cayenne.....7

Recovery: banana, cherries, cashews, coconut yogurt, almond milk, vegan protein.....8

Recharge: kale, chard, coconut yogurt, almond milk, banana, vegan protein.....8

Kale-icious: kale, spinach, apple, banana, almond milk, flax seeds.....7.5

Green Dream: kale, spinach, pineapple, apple, mint leaves, coconut water.....7.5

Refresh: kale, celery, apple, banana, mint, coconut meat, coconut milk, maple syrup.....7.5

Pink Splash: beet, apple, strawberries, coconut yogurt, date, lime.....7

Grounded: almond milk, hemp protein, raw cacao, banana, hemp seeds, brazil nuts, dates, cinnamon, raw honey.....8

Super Matcha: matcha green tea, blueberries, banana, spinach, chia seeds, agave, almond milk.....8

The Warrior: maca powder, spirulina, goji berries, flax seeds, banana, spinach, hemp milk, vanilla extract, agave.....8.5

Brain Wash: hemp milk, banana, dates, walnuts, cacao nibs, udo's oil and ginkgo.....8

KALE & CRAZY CATERING



HEALTHY HABITS START HERE®

CATERING@KALEMECRAZY.NET

LUNCH BOXES

Choose a wrap or salad from the list below, and get individual lunch boxes served with your choice of add-on from the list below.



WRAP OR SALAD
YOUR CHOICE OF
ONE ADD-ON

\$11



1/2 WRAP + SIDE SALAD
YOUR CHOICE OF
ONE ADD-ON

\$13.50

MAKE IT A FULL WRAP FOR AN EXTRA \$2.50!

TRAYS

Choose from the lists below, and receive a tray full of wraps or salads!

WRAP TRAY



\$90
SERVES 10

SALAD TRAY



\$66
SERVES 10

WRAPS

VEGAN

kale, quinoa, cabbage, carrots, red onion, avocado and hummus wrapped in a spinach tortilla. Served with tahini

TUNA

albacore tuna, celery, red onion, lettuce, carrots, kalamata olives, non-dairy mayonnaise and sriracha wrapped in a whole wheat tortilla.

CHICKEN PESTO

chicken, basil pesto, sun-dried tomatoes, mozzarella cheese, lettuce, and cucumbers wrapped in a spinach tortilla.

TURKEY

organic turkey, roasted red peppers, avocado, hummus, sunflower sprouts, lettuce wrapped in a spinach tortilla

SALMON *(additional \$2)*

wild caught smoked salmon, organic cream cheese, spinach, arugula, tomato, red onion, capers, dill, avocado, wrapped in a whole wheat tortilla

SALADS

KALE SALAD

kale, cabbage, quinoa, serrano peppers, scallion, mint, cilantro, raisins, carrots, crushed peanuts, hemp seeds, peanut dressing

BEET SALAD

spinach, arugula, tomato, raw beets, walnuts, cucumber, sunflower sprouts, goat cheese, hemp seeds, honey dijon balsamic vinaigrette

GREEK SALAD

lettuce, cucumber, tomatoes, bell pepper, kalamata olives, pepperoncini, garbanzo beans, feta cheese, za'atar, lemon vinaigrette

PEAR APPLE SALAD

lettuce, pear, apple, raisins, goat cheese, walnuts, orange balsamic vinaigrette

QUINOA BOWL

quinoa, carrots, cucumber, feta, avocado, green peppers, tomatoes, scallion, mint, cilantro, serrano pepper, garbanzo beans, (with lemon vinaigrette or peanut dressing)

ADD-ONS:

Chips: \$1/ea

Cookie: \$1/ea

Fruit: \$1/ea

DELIVERY:

Standard: \$25

Pick-Up: Free