

Healthy habits start here.*

NUTRITIONAL INFORMATION

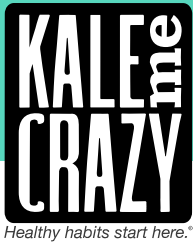
JUICES

All juices are 16 oz

	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbs	Total Fiber	Total Sugar	Protein	Allergens**
Kale Yeah!	160	1g	0g	0g	0mg	75mg	26g	0g	21g	7g	none
Go Green	80	1g	0g	0g	0mg	230mg	14g	0g	5g	8g	none
Energizer	110	.5g	0g	0g	0mg	210mg	22g	0g	12g	6g	none
Paradise	240	.5g	0g	0g	0mg	90mg	59g	0g	39g	5g	none
So Celery	40	0g	0g	0g	0mg	105mg	7g	0g	6g	3g	none
Beet'l Juice	180	.5g	0g	0g	0mg	180mg	33g	0g	29g	4g	none
The Glow	230	0g	0g	0g	0mg	30mg	60g	0g	44g	4g	none
Watermelon Juice	230	0g	0g	0g	0mg	0mg	60g	0g	44g	4g	none
Almond Milk	120	10g	.5g	0g	0mg	20mg	1%	0g	3g	4g	tree nuts

* Percent Daily Value - These are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

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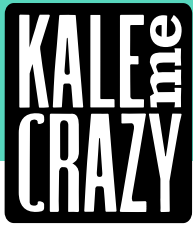
SMOOTHIES

All smoothies are 16 oz

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Tropical Trippin'	182	3g	29	2g	32g	40g	4g	2g	0mg	0g	10mg	none
Burning Kale	160	2g	17	0.5g	19g	35g	9g	6g	0mg	0g	68mg	none
Recovery	395	10g	91	1g	22g	46g	7g	35g	0mg	0g	577mg	tree nuts
Green Dream	170	1g	11	0g	26g	39g	7g	6g	0mg	0g	105mg	none
Super Matcha	269	4g	36	0.5g	36g	58g	7g	4g	0mg	0g	226mg	tree nuts
Grounded	375	13g	119	2g	43g	67g	9g	9g	0mg	0g	191mg	tree nuts
The Warrior	303	9g	85	1g	34g	55g	6g	6g	0mg	0g	166mg	none
Power House	393	19g	154	1g	8g	27g	11g	35g	0mg	0g	405mg	tree nuts
Go Getter	507	22g	162	3.5g	17g	43g	10g	39g	0mg	0g	400mg	tree nuts

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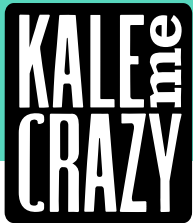
NUTRITIONAL INFORMATION

SALADS

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Mediterranean Hummus	931	71g	646	10g	5g	58g	7g	18g	13mg	0g	640mg	milk, wheat, soy
Farro Salad	511	25g	221	4g	14g	62g	10g	14g	9mg	0g	1492mg	milk, wheat, soy
Kale Salad	672	48g	433	6g	28g	58g	10g	17g	0mg	0g	287mg	peanuts, wheat, soy
Quinoa Bowl	799	49g	437	9g	12g	77g	12g	20g	21mg	0g	560mg	milk
Salmon Salad	441	33g	293	6g	3g	13g	2g	25g	232mg	0g	1250mg	milk, fish, wheat, egg
Greek Salad	361	27g	246	6g	6g	18g	5g	9g	21mg	0g	1200mg	milk

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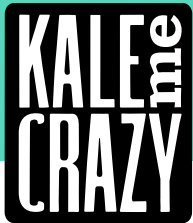
NUTRITIONAL INFORMATION

WRAPS

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Vegan Wrap	608	24.5g	207	2.5g	7g	84g	13g	19g	0mg	0g	353mg	wheat, soy
Tuna Wrap	605	22.5g	202	2g	5g	60g	7g	44g	52mg	0g	1383mg	milk, eggs, wheat, soy, fish
Tuna Wrap w/ Mozzarella	665	27.5g	247	3g	5g	61g	7g	49g	62mg	0g	1498mg	milk, eggs, wheat, soy, fish
Turkey Wrap	576	22.5g	189	2.5g	2g	65g	9g	31g	51mg	0g	1010mg	wheat, soy
Chicken Pesto Wrap	687	30g	284	7g	4g	65g	6g	38.5g	89mg	0g	1006mg	milk, tree nuts, wheat, soy
Breakfast Wrap	641	34.5g	247	8g	4g	64g	11g	27g	243mg	0g	665mg	milk, eggs, wheat, soy

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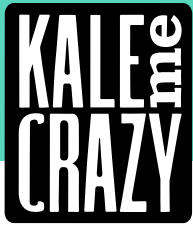
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ACAI BOWLS

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Acai Bowl	560	25g	222	13g	42g	82g	14g	7g	0mg	0g	60mg	tree nuts, soy
Deluxe Acai Bowl	526	20g	181	5g	45g	87g	15g	8g	0mg	0g	60mg	tree nuts, soy

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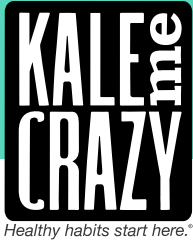
COFFEE & TEA

All coffees and teas are 16 oz

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
KMC Iced Latte	100	3g	29	0g	12g	16g	0g	1g	0mg	0g	193mg	tree nuts
Power Iced Latte	254	6g	55	0g	12g	22g	4g	30g	0mg	0g	540mg	tree nuts
Matcha Iced Latte	116	3g	23	0g	14g	21g	0g	1g	0mg	0g	202mg	tree nuts
Beetroot Latte	114	3	31	0	14	18	2	2	0	0	34	tree nuts
Café Au Lait	182	7	71	1	14	27	2	1	0	0	111	none
Chai Latte	184	4	45	0	26	33	1	1	0	0	69	none
Golden Latte	105	3	32	0	13	18	2	1	0	0	11	tree nuts
Hot Tea	116	0	2	0	25	29	1	0	0	0	18	none
Matcha Rose Latte	182	7	71	1	14	28	3	1	0	0	111	none
Mushroom Coffee	131	4	39	0	11	19	4	4	0	0	11	tree nuts

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ENERGY BITES

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Lemon Cake Energy Bites	297	9g	81	1g	37g	52g	6g	4g	0mg	0g	2	tree nuts
Peanut Butter Energy Bites	401	13g	118	2g	50g	67g	4g	7g	0mg	0g	20mg	tree nuts, peanuts

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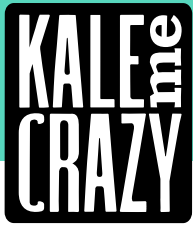
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POKE

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Poke Bowl w/o Marinade	424	14g	124	1g	4g	54g	7g	30g	27mg	0g	148mg	soy, fish
Poke Marinade	74	5g	45	0g	0g	5g	0g	2g	0mg	0g	1387mg	wheat, soy
Spicy Mayonnaise	195	21g	184	2g	1g	3g	0g	0g	0mg	0g	187mg	none

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TOASTS

	Calories	Total Fat	Calories from Fat	Saturated Fat	Total Sugar	Total Carbs	Total Fiber	Protein	Cholesterol	Trans Fat	Sodium	Allergens**
Almond Butter Toast	303	17.1g	154.5	2.7g	3.4g	25.4g	3.6g	14.9g	23.8mg	0g	755.2mg	wheat, tree nuts
Avocado Toast	329	21g	198	3g	4g	29g	7g	10g	93mg	0g	650mg	wheat, eggs
Hummus Toast	452	31g	280	6g	5g	36g	6g	12g	13mg	0g	563mg	wheat, milk
Salmon Toast	349	19g	182	3g	4g	34g	9g	16g	23mg	0g	1278mg	fish, wheat

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