



MENU

www.kalemeccrazy.net

@kalemeccrazy

TOASTS

Avocado Toast 7.95

avocado, organic hard-boiled egg, dijon mustard, scallion mix, sprouted bread

Salmon Toast 10.5

sustainable smoked salmon, avocado, pickled red onions, dill, sprouted bread

Hummus Toast 6.95

house-made hummus, cucumbers, tomatoes, feta, sprouted bread

Almond Butter Toast 6.95

almond butter, banana, flax seeds, honey, sprouted bread

POKE

Poke Bowl 16.95

wild caught tuna* dressed in our house marinade, avocado, cucumber, carrots, edamame, radish, toasted sesame seeds, spicy vegan mayonnaise, and furikake served on a bed of jasmine rice

**RAW. Consuming raw or undercooked Meats, poultry, seafood, shellfish, Or eggs may increase your risk Of foodborne illness*

ACAI & OATS



Açaí Bowl 12.95

organic açai blended with coconut milk, date, blueberries, cashews, bananas and strawberries. Topped with banana, coconut, granola, mint and raw honey

Overnight Oats 12.95

oats, oat milk, chia seeds, cinnamon, vanilla, and maple topped with sliced bananas, granola, blueberries, walnuts, cinnamon, coconut flakes, and almond butter

SALADS

Quinoa Bowl GF 13.5

quinoa, kale, carrots, cucumber, feta, avocado, green peppers, tomatoes, scallion mix, garbanzo beans with lemon vinaigrette

Kale Salad V 12.5

kale, cabbage, quinoa, scallion mix, raisins, carrots, crushed peanuts, hemp seeds, peanut dressing

Mediterranean Hummus 11.95

house-made hummus, cucumbers, olives, garbanzo beans, pickled red onions, feta, scallion mix, spinach, tortilla chips

Deluxe Açai Bowl 13.95

our traditional açai bowl topped with banana, granola, chia seeds, hemp seeds, goji berries, sliced almonds, blueberries, and raw honey

Greek Salad GF 12.5

lettuce, cucumber, tomatoes, bell pepper, kalamata olives, pepperoncini, garbanzo beans, feta cheese, za'atar, lemon vinaigrette

Smoked Salmon Salad 16.95

lettuce, sustainable smoked salmon, organic hard-boiled egg, radish, cucumber, pickled red onions, croutons, mustard dill vinaigrette

Farro Salad 12.5

farro, arugula, apples, pecans, golden raisins, shaved parmesan, honey dijon dressing

WRAPS & SANDWICHES

Add \$1 for gluten free wrap

Chicken Pesto Wrap 13.95

grilled chicken, basil pesto, sun-dried tomatoes, mozzarella cheese, lettuce, and cucumber wrapped in a spinach tortilla and served grilled

Turkey Wrap 11.95

roasted turkey, roasted red peppers, avocado, hummus, pickled red onions, and lettuce wrapped in a spinach tortilla

Vegan Wrap V 11.95

kale, quinoa, cabbage, carrots, pickled red onions, avocado, and hummus wrapped in a spinach tortilla and served with tahini

Tuna Wrap 12.5

house-made tuna salad, vegan mayonnaise, olives, carrots, lettuce, and hot sauce wrapped in a spinach tortilla

Add mozzarella and grill it for .75!

Egg Sandwich 8.95

organic hard-boiled egg, vegan mayo, tomato, cucumbers, mozzarella, and arugula served on a bagel

Chicken Quesadilla 14.95

grilled chicken, mozzarella, feta, sun-dried tomatoes, and arugula grilled in a spinach tortilla

Veggie Quesadilla 11.95

mozzarella, feta, sun-dried tomatoes, olives, and arugula grilled in a spinach tortilla

Add a Side Salad 3.95

lettuce, radish, carrots, mustard dill vinaigrette

JUICES [Ⓟ]

Kale Yeah! 9.95

kale, spinach, cucumber, apple, lemon

Go Green 9.95

kale, spinach, cucumber, celery

The Glow 9.95

pineapple, grapefruit, turmeric

Paradise 9.95

apple, pineapple, spinach, ginger

Beet-L-Juice 9.95

beet, apple, celery, carrot, lemon, ginger

Orange Juice 6.5

Charcoal Lemonade 8.95

h2o, activated charcoal, lavender, lemon, agave

SMOOTHIES

Recovery [Ⓟ] 10.95

banana, cherries, cashews, coconut yogurt, almond milk, vegan protein

Go Getter [Ⓟ] 10.95

banana, peanut butter, raw cacao, cinnamon, hemp seeds, walnuts, almond milk, vegan protein

Power House [Ⓟ] 11.95

avocado, blueberries, strawberries, cherries, cashews, flax seeds, almond milk, vegan protein

Grounded 9.95

hemp protein, raw cacao, banana, hemp seeds, brazil nuts, dates, cinnamon, almond milk, raw honey

Tropical Trippin' [Ⓟ] 9.95

orange, mango, pineapple, coconut yogurt, coconut milk

Green Dream [Ⓟ] 9.95

kale, spinach, pineapple, apple, mint leaves, coconut water

The Warrior [Ⓟ] 10.5

maca power, spirulina, goji berries, flax seeds, banana, spinach, oat milk, vanilla extract, agave

Super Matcha [Ⓟ] 9.95

matcha green tea, banana, blueberries, spinach, chia seeds, agave, almond milk

Burning Kale [Ⓟ] 9.95

celery, cucumber, kale, lemon, apple, cayenne

Our almond milk is made fresh in-house daily!

ADD-ONS

Spirulina..... 1.3	Flax Seeds..... 1
Add Greens..... 1	Chia Seeds..... 1
Add Fruit..... 1	Hemp Seeds..... 1
Coconut Oil..... 1	Goji Berries..... 1
Cayenne..... 0.5	VegaSport..... 2
Turmeric..... 0.5	Hemp Protein..... 1.5
Avocado..... 1.95	Matcha Tea..... 1.5
Maca Power..... 1.5	Almond Butter..... 1
Coffee..... 1	Peanut Butter..... 1

SHOTS

Wellness [Ⓟ] 6.5

ginger, oil of oregano, garlic extract, turmeric, cayenne, lemon

Elderberry [Ⓟ] 6.5

elderberry, orange, lemon, ginger

Painkiller 5.5

ginger, lemon, turmeric, raw honey

Brain-On [Ⓟ] 6.5

orange, lemon, blue-green algae
+ "brain-on"

SPECIALTY DRINKS [Ⓟ]

Cafe au Lait 5.95

coffee, maple syrup, oat milk

Hot Cocoa 5.95

cacao, maple syrup, vanilla, sea salt, oat milk

Beetroot Latte 5.95

organic beetroot, vanilla, maple syrup, almond milk

Matcha Rose Latte 5.95

organic matcha, rose water, maple syrup, oat milk

Golden Latte 5.95

turmeric, cardamom, ginger, cinnamon, nutmeg, black pepper, maple, oat milk

Chai Latte 5.95

organic chai, oat milk

Hot Tea 4.5

organic tea

KMC Iced Latte 5.95

coffee, raw cacao, almond milk, maple syrup, cinnamon

Mushroom Coffee Iced Latte 6.95

lion's mane mushroom, reishi mushroom, coffee, raw cacao, maple syrup, almond milk

Matcha Iced Latte 5.95

organic matcha, maple syrup, almondmilk, goji berries

Power Iced Latte 7.95

coffee, raw cacao, almond milk, maple syrup, vegan protein

Food prepared in our restaurant may contain the following ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts and fish