



# MENU

[www.kalemecrazy.net](http://www.kalemecrazy.net)

@kalemecrazy

## TOASTS

### Avocado Toast 8.5

avocado, organic hard-boiled egg, dijon mustard, scallion mix, sprouted bread

### Salmon Toast 11.95

sustainable smoked salmon, avocado, pickled red onions, dill, sprouted bread

### Hummus Toast 7.5

house-made hummus, cucumbers, tomatoes, feta, sprouted bread

### Almond Butter Toast 7.5

almond butter, banana, flax seeds, honey, sprouted bread

## POKE

### Poke Bowl 16.95

wild caught tuna\* dressed in our house marinade, avocado, cucumber, carrots, edamame, radish, toasted sesame seeds, spicy vegan mayonnaise, and furikake served on a bed of jasmine rice

\*RAW. Consuming raw or undercooked Meats, poultry, seafood, shellfish, Or eggs may increase your risk Of foodborne illness

## ACAI & OATS

(GF)

### Açaí Bowl 12.95

organic açaí blended with coconut milk, date, blueberries, cashews, bananas and strawberries. Topped with banana, coconut, granola, mint and raw honey

### Deluxe Açaí Bowl 14.95

our traditional açaí bowl topped with banana, granola, chia seeds, hemp seeds, goji berries, sliced almonds, blueberries, and raw honey

### Overnight Oats 12.95

oats, oat milk, chia seeds, cinnamon, vanilla, and maple topped with sliced bananas, granola, blueberries, walnuts, cinnamon, coconut flakes, and almond butter

## SALADS

### Quinoa Bowl (GF) 13.95

quinoa, kale, carrots, cucumber, feta, avocado, green peppers, tomatoes, scallion mix, garbanzo beans with lemon vinaigrette

### Kale Salad (V) 12.5

kale, cabbage, quinoa, scallion mix, raisins, carrots, crushed peanuts, hemp seeds, peanut dressing

### Mediterranean Hummus 12.95

house-made hummus, cucumbers, olives, garbanzo beans, pickled red onions, feta, scallion mix, spinach, tortilla chips

### Greek Salad (GF) 13.5

lettuce, cucumber, tomatoes, bell pepper, kalamata olives, pepperoncini, garbanzo beans, feta cheese, za'atar, lemon vinaigrette

### Smoked Salmon Salad 18.95

lettuce, sustainable smoked salmon, organic hard-boiled egg, radish, cucumber, pickled red onions, croutons, mustard dill vinaigrette

### Farro Salad 12.5

farro, arugula, apples, pecans, golden raisins, shaved parmesan, honey dijon dressing

## WRAPS & SANDWICHES

Add \$1.5 for gluten free wrap

### Chicken Pesto Wrap 13.95

grilled chicken, basil pesto, sun-dried tomatoes, mozzarella cheese, lettuce, and cucumber wrapped in a spinach tortilla and served grilled

### Turkey Wrap 12.95

roasted turkey, roasted red peppers, avocado, hummus, pickled red onions, and lettuce wrapped in a spinach tortilla

### Vegan Wrap (V) 12.5

kale, quinoa, cabbage, carrots, pickled red onions, avocado, and hummus wrapped in a spinach tortilla and served with tahini

### Tuna Wrap 12.95

house-made tuna salad, vegan mayonnaise, olives, carrots, lettuce, and hot sauce wrapped in a spinach tortilla

Add mozzarella and grill it for 1

### Egg Sandwich 9.95

organic hard-boiled egg, vegan mayo, tomato, cucumbers, mozzarella, and arugula served on a bagel

### Chicken Quesadilla 14.95

grilled chicken, mozzarella, feta, sun-dried tomatoes, and arugula grilled in a spinach tortilla

### Veggie Quesadilla 11.95

mozzarella, feta, sun-dried tomatoes, olives, and arugula grilled in a spinach tortilla

### Add a Side Salad (GF) (V) 3.95

lettuce, radish, carrots, mustard dill vinaigrette

# JUICES <sup>(V)</sup>

## Kale Yeah! 9.95

kale, spinach, cucumber, apple, lemon

## Go Green 9.95

kale, spinach, cucumber, celery

## The Glow 9.95

pineapple, grapefruit, turmeric

## Paradise 9.95

apple, pineapple, spinach, ginger

## Beet-L-Juice 9.95

beet, apple, celery, carrot, lemon, ginger

## Orange Juice 6.5

## Charcoal Lemonade 8.95

h2o, activated charcoal, lavender, lemon, agave

# SMOOTHIES

## Recovery (V) 11.95

banana, cherries, cashews, coconut yogurt, almond milk, vegan protein

## Go Getter (V) 11.95

banana, peanut butter, raw cacao, cinnamon, hemp seeds, walnuts, almond milk, vegan protein

## Power House (V) 12.95

avocado, blueberries, strawberries, cherries, cashews, flax seeds, almond milk, vegan protein

## Grounded 10.95

hemp protein, raw cacao, banana, hemp seeds, brazil nuts, dates, cinnamon, almond milk, raw honey

# SHOTS

## Wellness 6.5

ginger, oil of oregano, garlic extract, turmeric, cayenne, lemon

## Sea Moss 6.5

sea moss, orange, lemon, ginger

## Painkiller 5.5

ginger, lemon, turmeric, raw honey

*Our almond milk is made fresh in-house daily!*

## Tropical Trippin' (V) 10.95

orange, mango, pineapple, coconut yogurt, coconut milk

## Green Dream (V) 10.95

kale, spinach, pineapple, apple, mint leaves, coconut water

## The Warrior (V) 10.95

maca power, spirulina, goji berries, flax seeds, banana, spinach, oat milk, vanilla extract, agave

## Super Matcha (V) 10.95

matcha green tea, banana, blueberries, spinach, chia seeds, agave, almond milk

## Burning Kale (V) 10.95

celery, cucumber, kale, lemon, apple, cayenne

# ADD-ONS

Spirulina.....	1.3	Flax Seeds.....	1
Add Greens.....	1.95	Chia Seeds.....	1
Add Fruit.....	1.95	Hemp Seeds.....	1
Coconut Oil.....	1	Goji Berries.....	1
Cayenne.....	0.5	Vega/Whey.....	2.95
Turmeric.....	0.5	Hemp Protein.....	1.5
Avocado.....	1.95	Matcha Tea.....	1.5
Maca Power.....	1.5	Almond Butter.....	1
Coffee.....	1	Peanut Butter.....	1

# SPECIALTY DRINKS <sup>(V)</sup>

## Cafe au Lait 5.95

coffee, maple syrup, oat milk

## Hot Cocoa 5.95

cacao, maple syrup, vanilla, sea salt, oat milk

## Beetroot Latte 5.95

organic beetroot, vanilla, maple syrup, almond milk

## Matcha Rose Latte 5.95

organic matcha, rose water, maple syrup, oat milk

## Golden Latte 5.95

turmeric, cardamom, ginger, cinnamon, nutmeg, black pepper, maple, oat milk

## Chai Latte 5.95

organic chai, oat milk

## Hot Tea 4.5

organic tea

## Mushroom Coffee

## Iced Latte 6.95

lion's mane mushroom, reishi mushroom, coffee, raw cacao, maple syrup, almond milk

## Matcha Iced Latte 5.95

organic matcha, maple syrup, almond milk, goji berries

## Power Iced Latte 7.95

coffee, raw cacao, almond milk, maple syrup, vegan protein

*Food prepared in our restaurant may contain the following ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts and fish*